



Pre-Operative Medication Instructions

The following instructions refer to medications that may increase bleeding risk during a procedure. There are risks of stopping some medications. It is important that you discuss these risks with your prescribing physician prior to stopping any of these medications. **The following guidelines hold unless otherwise discussed and arranged with your health care provider.**

Medication Guidelines:

- 1 Coumadin Pradaxa and Xarelto should be stopped 5 days before your procedure. An INR must be drawn the morning of the procedure for those on Coumadin.
- 2 Aspirin and all aspirin containing products (including Bayer, Ecotrin, Alka Seltzer, etc.) that contain 325mg of Aspirin should be stopped 7 days before your procedure. Aspirin 81mg is fine to continue.
- 3 Plavix (clopidogrel bisulfate), Persantine (dipyridamole), and Aggrenox (ASA/dipyridamole) should be stopped 7 days before your procedure.
- 4 Ticlid (ticlopidine HCL) should be stopped 14 days before your procedure.
- 6 Subcutaneous Heparin and Lovenox should be stopped 12 hours before your procedure. Intravenous Heparin should be stopped 4 hours before your procedure.

Please note that it is recommended that you continue all other prescribed medications as well as other prescribed pain medications not known to have bleeding effects such as Ultram, Vicodin, acetaminophen (Tylenol), and Celebrex (celecoxib).

If you are an insulin-dependent diabetic, it is generally recommended to half the dose of your insulin on the morning of your procedure, however you should contact your prescribing physician for exact instructions.

For your safety and the safety of others you will not be permitted to transport yourself after your procedure. Please arrange for a designated driver to bring you home. You will be asked to provide the name of the driver upon arrival for your procedure. At the time of your release, we will bring your designated driver to you in the recovery room to facilitate your return home.

If you have specific questions regarding your current medications, please contact us at (602) 840-0681.